How to Heal Cataracts, Glaucoma, and Macular Degeneration

PLUS how Your Current Therapy may make your condition WORSE

- How to heal without injections!
- Just released FREE guide that reveals why Macular Degeneration continues to increase at an alarming rate.
- Discover how STEM CELLS can help your vision.
- To receive your free report call:

**800-430-9328**
**NationalEyeReport.org**
Mar 18, Sun 5PM-7PM, Audubon Everglades Bird Walk Wakodahatchee, Easy: Boardwalk or paved level surface. Short: less than 1 mile. Family friendly and handicapped accessible. Leader: Valleri Brauer

Mar 22, Thu 10AM-1:30PM, Audubon Everglades Bird Walk Jonathan Dickinson State Park (Wildflowers & Scrub-Jays), New and/or unique trip. Moderately difficult: Improved trail; dirt and uneven surfaces. Long: more than 1.5 miles. Advance registration required and there is an associated cost; see website for details. Family friendly. Leaders: Lori & Tony Pasko

Mar 23, Fri 6PM-8PM, Audubon Everglades Bird Walk Wakodahatchee (Fly-in), Easy: Boardwalk or paved level surface. Short: less than 1 mile. Family friendly and handicapped accessible. Leader: Chris Golia

Mar 24, Sat 3:30PM-7PM, Audubon Everglades Bird Walk Flamingo Quest (STA-2), Easy: mainly from auto. Sitting/Driving: no walking required. Advance registration required; see website calendar for details. Coordinated by Susan McKemy.

Mar 24, Sat 4PM-7PM, Audubon Everglades Bird Walk Grassy Waters (Behind the Scenes), Moderately difficult: Improved trail; dirt and uneven surfaces. Long: more than 1.5 miles. There is an associated cost and advance registration required; see website calendar for details. Leaders: Walt Hakenjos/Paul Thomas

Mar 25, Sun 7:30AM-10:30AM, Audubon Everglades Bird Walk Hungryland Slough, New and/or unique trip. Challenging: Improved or unimproved trail; uneven, rocky, and/or wet surfaces. Long: more than 1.5 miles. Leader: Bart Scott

Always check the web site www.AudubonEverglades.org calendar for details, registration links and last-minute changes. Trips, unless otherwise specified, are “Just Show Up.”

www.auduboneverglades.org

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Laura Norman
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It’s better to be a lion for a day than a sheep all your life.
- Elizabeth Kenny

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